



Our shared heritage shapes our legacy



ANNUAL REPORT

2022 - 2023



Blacksmith workshop at the Centre of The Earth (Birmingham & Black Country Wildlife Trust).



Jesse Gerald | Chair

2023 has been a remarkable journey for Legacy West Midlands, and I am thrilled as the new Chair to share with you some of our incredible achievements and exciting developments we have experienced. I would like to express my deepest gratitude to our staff, volunteers, and trustees. Their passion and perseverance have been the cornerstone of our success, and I am continually inspired by their hard work and selfless contributions. I am delighted to record that in 2023, our charity was honoured to receive a King's Award for Voluntary Service. This recognition is a testament to the exceptional impact our volunteers have had within the community. It is a true reflection of their dedication and the meaningful difference they have made in the lives of those we serve.

As we look ahead to 2024, we are filled with enthusiasm and ambition. We shall continue to forge strong partnerships with like-minded organisations and community stakeholders. By collaborating with others who share our passion for positive change, we aim to amplify our impact and create lasting, sustainable improvements within our community. Our devotion to serving the community remains at the heart of everything we do. Whether it is through providing essential services, advocating for meaningful change, or fostering a sense of belonging and support, our commitment to the community is unwavering.

We are focused on strengthening our diverse Board of Trustees to ensure that we have the expertise, vision, and leadership necessary to guide our charity to even greater heights. With that we welcome Andrew Donaldson and Rachael Thomas as new Board members and say farewell to Carol Lyndon, who has supported Legacy WM since its inception. I can only speak highly of Carol and her single-mindedness, not only to the communities in northwest Birmingham, but to Birmingham as a whole. As the Board of Trustees of such an incredible organisation, we are committed to fostering an environment of excellence in governance and strategic direction.

As we reflect on the past year and look forward to the opportunities that lie ahead, I am filled with pride and optimism. I extend my deepest appreciation to each and every one of you for your continued support, dedication, and belief in our mission. Together, we are shaping a brighter future for our community.

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I am delighted to record that in 2023, our charity was honoured to receive a King's Award for Voluntary Service.

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We have had another fantastic year with some great achievements. We appointed a new member of staff to focus on men's health and youth work. He has built on our work with young people and they requested that they have a greater say, so now we now have a youth forum, called 'Our Legacy'.

They have been integral in co-designing our youth offer. With Freedom50 we have now managed to raise our goal of £100,000.00 towards the building of the eco-school in Bangladesh which feeds into our newly adopted UN Sustainable Development Goals. Our partnership with the Church of England is progressing well as we have been awarded a grant towards the feasibility study for St Michaels Church which will be turned into a community and arts hub.

However, it has not all been plain sailing as we have felt the pinch along with many other charities and for the first time, we have had a deficit. We have taken the time to reflect on this and have put in measures that will ensure that we bounce back.

I remain humbled by the dedication of our staff team and board who have set the culture of 'love and compassion' which is the driving force in serving our communities. Our volunteers are integral to our work and we are delighted to have won The King's Award for Voluntary Services. I would like to thank them all.

We are grateful to all our funders for their continued support – thank you.



Aftab Rahman | CEO

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Arts and crafts at The Birmingham Rep for BADA launch.

Birmingham City of Nature Alliance

As a member of the Birmingham City of Nature Alliance, we have conducted community consultation in parks and green spaces within the identified 'red wards'. The aim is to develop 'healthy parks' that meet the Future Parks Standard by improving safety, access and usage of open spaces. To date we have: -

- **Delivered engaging activities** and family open day events in Highgate Park and supported the development of a Friends of Highgate Park group for local people
- **Installed football goal posts** in Garrison Lane Park
- **Enhanced the play area** at Kingston Park
- **Improved access** and activities at Bloomsbury Park





Every Step Matters

This year we expanded our Daily Mile route scheme and installed **8 new routes** in parks and green spaces across Birmingham, funded by Public Health. Our Every Step Matters project

focused on installing safe, accessible **walking routes** in green spaces and delivering regular guided walks by a trained walk leader. This scheme has been positively received by

local residents and 'Friends of' park groups. It has broadened our reach across the city and raised the profile of our **Family Fit scheme** as a brilliant avenue for getting involved in other health and wellbeing activities.



Mens Health

As a traditionally hard to reach cohort, we have prioritised men's health this year and have recruited a new Men's Health and Youth Worker funded by Active Communities. Our aim is to shift inactivity levels through a system that empowers communities to work together to build innovative and engaging activities for men. To date we have enhanced our structured health programme for men delivering: –

- **A local asset-based map** of men's healthcare services, screenings and resources available
- **Training local men** to become experienced ride leaders and hosting a men's club and cycling excursions
- **Men's Supper Club** – culturally appropriate nutrition

and practical home cooking content. Elsewhere, our Community Champion Aliur was a finalist in a men's chef competition.

- **Signposting to workshops,** seminars and online content to connect with service users, prioritising convenience and accessibility for those with busy careers and obligations.

Black Health Inequalities / BLACHIR

We were proud to participate this year in an innovative partnership between Birmingham and Lewisham councils, discussing black health inequalities. Statistical evidence demonstrates the longstanding healthcare challenges facing our communities, and we work concertedly to address inequitable health outcomes. Following the review, we have supported further efforts on infrastructure, system change, cross sector collaboration and by supporting innovative community activities tackling the following themes: -

Early years, pregnancy and parenthood – delivering a focus group to explore health literacy for black birthing parents, barriers to accessing prenatal support and the gaps in postnatal provision.

Lifestyle factors – We have been commissioned to lead on a blood pressure screening campaign in the West Locality, aimed at early identification of risk of hypertension within diverse communities via blood

pressure screening events and signposting.

Ageing well – We reinstated our flagship culturally-sensitive memory café welcoming Black African and Caribbean communities. The programme was co-produced with NHS partners such as nurses physiotherapists and speech therapists, as well as researchers and representatives from adult social care support.

Chronic disease – We are supporting a citywide campaign to tackle the rise in prostate cancer amongst black men in Birmingham. We are working with Minds Eye Development to coordinate a ground breaking campaign which involves screening events in the ‘Man Van’ visiting inclusive community spaces. We have launched the campaign through a comprehensive programme of radio shows, podcasts, third party promotions and a local football tournament.





Walk leader Madge accompanied with her regular walkers for Every Step Matters.



Saturday Kid's Badminton session.

Badminton

Badminton is a fantastic sport for young people to get involved in as it is non-contact and can improve hand-eye coordination, sportsmanship and general fitness. 2023 saw the continuation of our popular Badminton England affiliated sessions for young people on Wednesdays and Saturdays. These sessions have proven consistently popular, take place locally and are affordably priced. This year we held informal tournaments alongside supplementary content on life skills, problem solving and teamwork. We have received excellent feedback and we have received Sport England funding to advance our sports agenda in 2024. We are committed to inclusive sport and exercise as the foundation of a healthy life for young people.



Parenting Support

In 2023 we were commissioned by BVSC to reach out to our diverse communities to improve awareness and accessibility of Parent Hub services. We worked closely with places of worship, conducting outreach to convene groups of 8 to 10 parents brought together to discuss challenges and the help available for carers of young children. Engagement was reimbursed and culturally appropriate, improving engagement with NHS services and perceptions within the community.



At the end of the programme, most participants had successfully lost weight and improved their health outcomes.



Structured Wellbeing Programmes

We continue to deliver our flagship 8-week Family Fit structured health education programme for local people taking place in community settings. We successfully delivered our programme of arts, sports, participatory cooking and wellbeing activities to our service users, many of whom are parents in the local school community. The programme consists of a core offer of 'health MOTs', wellbeing workshops and activities such as Chair Zumba, walking and cycling. All participants were provided with weight management coaching, which consists of an assessment, goal planning, action plan and regular weigh-ins and accountability sessions. At the end of the programme, most participants had successfully lost weight and improved their health outcomes.

Flourish

With our support and encouragement, as well as that of local NHS Trusts and the Integrated Care Board for Birmingham and Solihull, Flourish has grown and diversified. Flourish has demonstrated the drive for collaboration and co-production shared by our healthcare colleagues across the city. Our support has enabled Flourish to develop and manage a host of projects including: -

Neighbourhood Navigators – a pop-up advice service at Heath Street Health Centre, run first with Humanify and then Newbiggin Community Trust.

Doula Connectors – a combined force of over 20 new doulas managed by Bethel Doulas and Approachable Parenting, supporting pregnant women.

Roadmap Groups – peer-led support for parents of children with neurodevelopmental conditions, funded by Landau (All Age Autism Support Service) and delivered in Winson Green by Newbiggin Community Trust, with a new cluster in Handsworth.

Asthma Friendly Schools – helping schools alongside Birchfield Big Local to achieve a set of standards and professional connections that provide better support for pupils with asthma.

Other new projects included supporting earlier cancer diagnosis in ethnic minority communities, support for childhood immunisations and more!

The highlight of the year was winning a coveted HSJ Award in

the category of **NHS Race Equality**, together with our Locality Partnership. The award recognised our Best Start in Life school programme, Community Research Work Experience, Doula Connectors, Health Literacy, and our stand-out Community and Cultural Immersion programme, supported by dozens of community organisations and partnered with Birmingham City University.





Active Birmingham

When Sport Birmingham assigned us as the anchor organisation for their Active Birmingham project in the north of the city, we were thrilled to work with 5 partner organisations to deliver activities in the Aston, Handsworth, Lozells and Ladywood areas.

Saathi House delivered free kickboxing classes throughout the summer, providing girls with a safe and supportive environment in which to gain confidence. They are now delivering netball sessions to further engage and empower girls. Elsewhere, Friends of Georges Park delivered free

boxfit sessions for children aged 5-13 in Georges Park during the summer holidays. Blesst delivered summer basketball sessions which has led to the formation of a competitive community team.

Nowka Bais has also made a significant contribution by offering free bell boating lessons to young people. The opportunity to ride boats on the famous canals of Birmingham not only provides a unique and enriching experience but also fosters a sense of appreciation for our shared blue spaces.

Finally, Lozells Strikers have been running free football training sessions for boys aged 6-15. By providing access to organised sports and coaching, Lozells Strikers has promoted physical fitness and skill development but has also created a positive environment for friendly competition.

In conclusion, the Active Birmingham programme has been a remarkable opportunity for us to work closely with our partner organisations to deliver impactful activities for young people in the North-West Birmingham area.

Community Projects

Our Legacy Youth Programme



In 2023 as part of our commitment to young people, we supported service users in creating a new youth forum. This model embraces recent moves in our sector towards fully integrating the priorities of service users and the realities of their lived experience. We will encourage and empower young people to shape the design of future provisions and have their say on what is important to them.

To date we have supported training opportunities, excursions and have helped design upcoming provisions that will cater to their cohort. More than 20 young people now attend forum events and tie-in activities such as 'county lines' awareness, sports, mental health and employability support.

Some youth forum members also volunteer with the organisation, aiding employability and gaining valuable experience outside of a traditional academic setting.

Young people also designed the logo for Our Legacy alongside the name and branding of the provision. We look forward to giving young people more opportunities to get involved with inclusive and worthwhile opportunities in the future. In this way we are disrupting the conventional 'top down' design and delivery of charity work more generally, changing the way people think about and interact with third sector organisations.

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Community Projects

Work Placements

Family Fit Forward, supported by National Lottery Community Fund, aims to improve the sustainability of local services and the quality of support available via a network of trained local experts.

Our work placement programmes ensure that future practitioners are equipped to inclusively coproduce integrated programmes that enhance the community. Throughout the year we have continued to support local schools, work experience students, youth workers, student nurses, and internships from Birmingham City University and Aston University.

They have contributed in a meaningful way across the organisation, assisting with the youth forum and various projects. This in turn aids skills and employability amongst local people, accruing valuable experience of the workplace and civil society whilst building networks beyond their institution.



Cultural Immersion Programme

Through our Flourish network, we have delivered a groundbreaking cultural immersion programme for NHS student nurses. This is an innovative 2 – week placement involving schools and community partners in West Birmingham, aiming to support nurses’ development and awareness of culturally sensitive practitioners within the locality. This offers a grounding in reflective practice, active listening, respectful questioning, trauma-informed practice, rebuilding trust and leadership for change. We hope to influence the next generation of healthcare professionals. We are helping to equip them with the tools they need to effectively navigate community healthcare in a superdiverse city. This addresses the negative impact of racialised healthcare, by bridging the gap between patient perception and institutional practice, we can improve health outcomes in our community.

Legacy hosted 4 cohorts of student nurses, exploring local heritage sites such as The Jewellery Quarter and Coffin Works, as well as immersing students in the heritage of black African & Caribbean migration to Handsworth. This project formed part of our award-winning service recognised with an NHS Race Equality Award at the HSJ Awards ceremony.

Every Journey Matters

Every Journey Matters is a community project developed by Legacy West Midlands and funded through the Heritage Lottery Fund. We will be delivering the project over **3 years** in collaboration with 10 Handsworth Association of Schools partner institutions.

Through this project schoolchildren will explore, enrich and celebrate their own personal heritage and migrant stories. We aim to provide an inspiring opportunity for young people and their families to get involved in historical practice, heritage and commemoration, becoming agents of positive change in their communities.

We met initially with headteachers and curriculum leads for each school, establishing where Every Journey Matters can best complement and enhance existing curriculum content.

Over the course of the project, a series of **CPD sessions** will be delivered to our school partners that will address the practicalities of embedding a cross-curricular heritage scheme of work in a meaningful and impactful way. Simultaneously, a peer network group of teachers now meets every half-term to share good practice and provide feedback. This will form

the resource pack profiling the various activities and lesson plans that have been delivered. To date we have delivered the following:

Family Workshops – We delivered interactive workshops at Handsworth Association of Schools playschemes in partner schools. Using food, maps and flags, parents and carers were able to share their migration stories with their children and for some this was the first time they had heard their own parents' stories.

Handsworth History Detectives – We have taken pupils out into the community to discover the amazing heritage that surrounds them. It has been wonderful to see a

newfound excitement and pride amongst attendees.

Holyhead Secondary School Black History Club – We supported the running of this extracurricular club which is open for and attended by all students from a variety of backgrounds and it has grown steadily in popularity.

Nanny, the Maroon Warrior – A workshop championing the heritage of black women, in particular the fabled Jamaican resistance leader, Nanny of the Maroons.

Africa, the Baseline of Jamaica – A workshop celebrating the rich musical, linguistic and culinary heritage shared between Africa and Jamaica, accessible to young people.





Legacy WM Heritage Trails

This year we continued our popular heritage trails programme, participating in Birmingham Heritage week which ran from 8–17th September 2023. Legacy WM was able to offer 2 heritage trails including Irish Roots of Handsworth, which was delivered in partnership with St. Mary's Convent, and Taste of Handsworth which is delivered in partnership with Birmingham Museums Trust. Tickets for both trails sold out, with Taste of Handsworth being oversubscribed.



The Irish Roots of Handsworth tour celebrates the Irish community and heritage here in Handsworth and their contributions to public life in the area. Launched in March to coincide with St. Patrick's Day, the trail makes its way down Soho Hill and explores the migration stories of the Irish people that settled in Handsworth. The second part of the trail is centred in St. Mary's Convent which has a strong connection to the Irish community. The trail proved so successful, it was repeated across the year with a waitlist.

"Thank you for a most interesting tour yesterday. Your passion for keeping our heritage alive and relevant today is clearly shown in your storytelling of past lives. Our heritage is safe in your hands. It was a fitting end to include St Mary's Convent, a surprising haven of peace with a long and historical past in a busy city." – Trail Attendee



On 16th June we hosted the Inclusive Cities Initiative, organised by Birmingham City Council. 20 people from councils across the country visited Handsworth and attended a heritage trail showcasing our superdiverse neighbourhoods and heritage sites. In November we were able to deliver Taste of Handsworth virtually, inviting those with limited mobility to attend online. With funding from the Lunar Society we also welcomed some of those who would otherwise not be able to attend.



Sister Catherine McAuley with Sister Juliana Hardman sculpted by Phillip Jackson at St Mary's Convent Church.



Irish Roots of Handsworth walking trail during St.Patrick's Day.

Black British History is British History

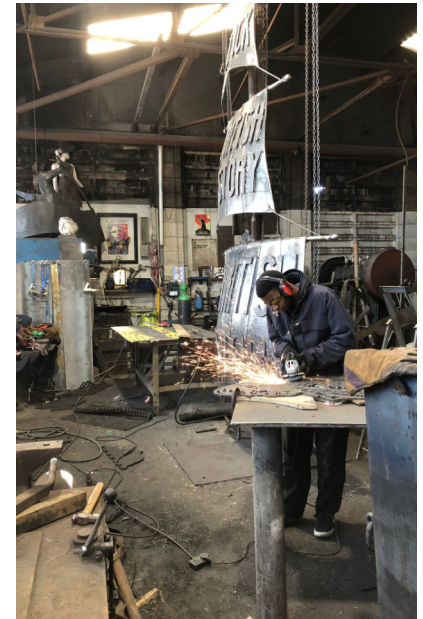


We are all incredibly excited and proud that the second artwork to be commissioned as part of the Roundhouse to Chance arts trail, Black British History is British History, has now been installed along the canal in Winson Green.

Sculptor Luke Perry worked with Canaan Brown, an emerging artist, and they collaborated to create a layered steel sculpture featuring historical and contemporary figures. From the Roman legions to the humble Birmingham bus, the sculpture traces the storied history of people of African descent in the UK.

The celebration event took place at the Centre of the Earth on a beautiful sunny day in May. There was a wonderful buzz as guests enjoyed the fantastic catering and were entertained by Aberdeen Church choir. The sculpture was then unveiled by Paulette Hamilton MP and Professor Patrick Vernon MBE.

“Learning about cultural heritage contextualises us and can help foster a greater sense of pride for the black community and connection to place. Often people don’t know



much about the contributions and initiatives that emerged from Birmingham. Sharing stories about local figures and places can encourage people to take notice of their area and inspire them to go and find out more.” - Black Heritage Walk Network

The community groups involved as part of the consultation process were; Black Heritage Walks Network, Our People Our Legacy, Dee.M Creatives, The Forgotten Generations, Kaneish Dance and No Laws Studio.

Nowka Bais and Women's Regatta

The yearly sailing regatta Nowka Bais continues to be one of the cultural highlights of the year for the Bangladeshi community in the UK and beyond. We are proud partners each year, assisting with event management and promotion. Each year, the Edgbaston Reservoir is filled with colourful rowing boats, keeping this tradition alive.

The event was opened by an inaugural women's race, with 5 teams participating and the winners were Running Angels. The fiercely contested men's race featured 18 teams with a nail-biting finale that resulted in

team Vati Bangla Sunam Gonj being crowned winners. Shadwell Dragons finished runners up with a separate award for most entertaining team going to Moyur Panki Now.

The various stalls surrounding the reservoir included Bangladeshi street food and drink making it a lovely event for the whole family. The entertainment on offer included Bangladeshi emerging artists followed by more established performers. One of the highlights was a collaboration with City of

Birmingham Classical Orchestra (CBSO) with Ina Khan singing traditional Bangladeshi songs with a classical accompaniment.

This year we also supported an innovative women's regatta, encouraging people to get involved in a new pastime, rowing, that they may not have had the opportunity to engage with previously. Led independently by team member Aliur in his spare time, the regatta raised money for cataract treatments in Bangladesh. Women were invited to raise money and learn a new skill in outdoor blue spaces, working together to overcome new challenges.



BADA

The need to develop BADA emerged from conversation with Bangladeshi artists and organisation initially in January 2022. A steering group has been formed to take the agenda forward and members include Bangladeshi artists and organisation with some mainstream arts organisation.

During the last 12 months, the aims and objectives of the group have been agreed which was consulted and agreed with 40 artists and organisation at an event at the Hippodrome. BADA was launched at the Rep on the 26th November with free arts workshops followed by live performances by emerging Bangladeshi artists with a head line act from Kiyo and Sohini Alam. The group is co-chaired by Rachael Thomas and Aftab and is presently being incubated by Legacy WM.

We are presently seeking funding from the Arts Council, Birmingham City Council and Paul Hamlyn Foundation. The funds will be used to employ a team to support the artistic development of the Bangladeshi arts sector where they can be visibly embedded in region's arts ecology.



SOC Films

In collaboration with Academy Award winning Karachi-based studio SOC Films, we contributed to the creation of an innovative digital cookbook. Based on our track record of impactful and culturally sensitive heritage work, we filmed Pakistani home cooking by women here in the UK who prepared their dishes at home, preparing an array of delicious family recipes.

Throughout this memorable filmmaking process, we worked to recognise this unique aspect of life in Birmingham for colleagues overseas.

The women graciously shared their personal narratives, self-taught skills and generational knowledge, with one woman sharing her own cherished family cookbook. To preserve the authenticity of their cultural cuisines, we encouraged the women to present in their preferred language. With permission, we transcribed recipes and invited the women to share their own captivating stories of migration, their fondness for cooking and the meaningful ways they pass this culinary heritage to the next generation.





Arts and crafts workshop.



Human rights activist and author Maxie Hayles with Board member Winston Weir.



Freedom50 European Cycling Tour

The last phase of a three-year plan was delivered in February this year when we travelled to Bangladesh with our bikes and cycled 400 kilometres. This came with its challenges as none of us have cycled in Bangladesh previously, and much to our surprise we found it relatively easy as the roads are flat and there is very little wind. Getting out of Dhaka and the Bazaars were more challenging, however, we found safety in numbers. We cycled to Jamal Pur where we are building the school and stayed for an extra night allowing us the opportunity to visit the temporary Islands known as 'Char' where we saw subsistence farmers grow dhal.

Being at the Sircer Pasha Welfare Trust was a major highlight as saw first hand the work that they do the children performed songs and dance for us. Freedom50 London chapter worked with young people and trained them up to participate in London to Paris ride in August this year. It was a major achievement for the riders, some as young as 16.



Over 50s Cycling Programme

Last year the Freedom50 Bangladesh cycling tour helped raise money that will support some of those hardest hit by climate change. Building on this momentum, Legacy WM continues to promote cycling here in Birmingham, facilitating Bikeability training for men over 50, particularly South Asian men experiencing heightened risk of cardiovascular disease.

This initiative aims to tackle health inequalities and empower local communities through

partnerships with various organisations such as Friends of Georges Park, Canal & River Trust, TAWS, Newbiggin Community Trust and Aspire & Succeed.

Organised rides featuring trained leaders promote physical activity, foster community and provide practical opportunities for individuals to engage in cycling in a supportive environment. Ride leaders serve as an inspirational

catalyst for change within their communities. By addressing these barriers and providing support for navigating the cost-related aspects of cycling, the program also ensures that individuals have equitable access, regardless of their financial circumstances.

As the programme unfolds, it has the potential to serve as a model for addressing health disparities and promoting active lifestyles in diverse communities, setting a precedent for collaborative, sustainable and impactful initiatives.



Housing



Housing 21

Legacy West Midlands have supported not-for-profit housing provider Housing 21 with the development of two community-led housing schemes for over 55s in Lozells and Aston. We have developed links and built relationships with a group of local people interested in being part of a new cohousing community. Cohousing promotes the benefits of living as part of a community, which can aid wellbeing and tackles social isolation. The project focuses on

creating an integrated community by involving residents in the design and layout of the site and shared facilities, in an effort to encourage social interaction and overall wellbeing.

Legacy WM has continued to work closely with local residents to facilitate their input on the design of the properties, communal spaces and landscaping that met their

requirements. Prospective residents also contributed to the development of activity schedules and participated in site visits. Work has already started on Rupali Court, a complex of 25 one and two-bedroom apartments on Chain Walk, near to the Six Ways island (A34). These apartments will be available for social rent and we will continue to respond to the community and work closely with partners in housing development.



Housing Plans

We have developed a Housing subcommittee to drive forward our housing plans. We have been given a major boost to realise our plans thanks to funding from The Oak Foundation. We have appointed consultants from Civis to support our plans. We are working with them to look at several options that include supported living and social housing.

Our plans to become a Registered Housing Provider will take at least two years; however, before we can apply we need to have some housing stock or plans to build houses. We are working with key institutions in the city to develop a way forward that can provide high quality housing to local people at affordable rates. We are extremely grateful for the support given by the Oak Foundation in supporting our core team, enabling us to receive training and strengthen our practice in community work.

St Michael's Church

We have been working in partnership with the Church of England over the last two years to redevelop St. Michael's Church to feature a community and arts hub. We have been successful in obtaining funding from the National Lottery Heritage Fund (NHLF) towards a feasibility study. We have now appointed architects who will draft some initial designs based on potential remodelling. This will be approached in close consultation with stakeholders and the local community this year. Once this is complete, we will re-apply to NHLF for a development grant for the next phase.

We are very excited about this project; however, we must be mindful that it will take at least five years before completion. There are wider plans for development of the Bill House and the adjacent buildings and land. A neighbourhood plan is being developed for the Soho area and the new redevelopment will transform the locale. We intend for Legacy WM to be well-positioned to support the local community and best utilise public assets for the good of local residents.

Legacy WM Team



Aftab Rahman
CEO



Dawn Carr
Director of Operations



Charles McLeod
Development Manager



Apsana Khatun
Office Manager



Karmi Bains
Arts Consultant



Mohammed Kalam
Housing & Sports Development
Officer



Sian Campbell
Heritage Officer



Sandhya Nandra
Marketing Communications
Officer



Shahid Miah
Men's Health & Youth Officer



Marcia Dunkley
Community Outreach Officer



Shamsun Choudhury
Womens Engagement Worker



Taiba Aqeel
Administrative Assistant

Social Impact



**3200
RESIDENTS**

engaged in 10 Daily Mile
walks



**800
BLOOD PRESSURE**

monitors distributed to
the public



**1344
SCHOOL**

community members engaged
through Every Journey Matters
workshops and assemblies



**1025
WOMEN**

empowered including
perinatal and postnatal
support



**121
ATTENDEES**

at heritage trails



**42
YOUTH VOLUNTEERS**

engaged in our youth forum
and supporting local
communities



**386
MEN**

involved in cycling, football
and wellbeing activities



**68
YOUNG PEOPLE**

involved in organised
sport



**135
ELDERS**

involved in community led
housing projects

Plans For The Future – ambitious for our communities

We continue to operate more as an anchor organisation and have incubated Flourish and Freedom50. We will continue to incubate Freedom50 as it is a volunteer led national organisation. Flourish will develop into its own entity soon, but they will remain a key partner and we will work with them closely to improve the health of the local community.

The Anglesey Primary Schools' caretaker's house, set to be developed into a community hub, is no longer being pursued as there has been a change in leadership.

We continue to have a good relationship with each of our main funders. The National Lottery Heritage Fund has supported our St. Michael's Church feasibility study funding and we have appointed architects who will draft initial designs. The next step is to seek development funding and if successful the project will take in the region of five years to develop. The redevelopment of St. Michael's will rejuvenate an iconic building and create a visitor destination.

Our plans to work with businesses to support Social and Corporate Governance (ESG) have been put on hold as we align our work with the UN Sustainable Development Goals. We hope to build on this in the near future.

We have been furthering our arts strand on two fronts, adding exciting artworks to our Roundhouse to Chance public arts trail. This has proven to be more difficult than we anticipated as we grappled with planning permission and Strength of the Hijab, our piece celebrating women caused more controversy than we had anticipated. We are working with partners to identify an alternative installation site. We have been working with Bangladeshi artists and organisations in the region over the last 12 months to support their development. We have established Bangladeshi Artists Development Agency (BADA) with the main aim to support artists and we are working with mainstream arts organisations to diversify their programmes and engage new audiences.

We have established a Housing Subcommittee to take our housing plans forward and we have appointed consultants to support us. We are exploring various options that include supported housing. Our plans to build homes will only be realised once we become a registered

housing provider and this will take around two years.

We have been heavily reliant on grants and we will explore monetisation options for some of our services. We are building on our work on heritage trails and developing this into a paid Living Diversity Workshop. We are looking at other options to generate income and this will be an area of focus for us.





The Financial Position of Legacy West Midlands remains a steady going concern and it is fair to say that 2022/23 has been a challenging year. We found that donors were less likely to provide funds. This was a feature of the turbulent political and economic climate especially in late 2022. Britain saw a new Prime Minister, inflation rising and increasing interest rates. Thankfully, our key donors remained loyal to our charity and continued to support us.

Our accounts show that our income rose significantly in 2022/23 at £564k compared to £480k in the previous year. The accounts show that we received increased funds from Birmingham Community NHS Trust (BCHNT) and Lottery Funds. It was the first time that our income exceeded £0.5m. We also invested more in project delivery and our staff reflecting the cost of living increase. We ended the year with diminished reserves of £81k, having spent more than our income by £160k.

In summary, we faced strong financial headwinds in 2022/23 and had to utilise some of our reserves to deliver a wider range of projects. We continue to serve our communities and there is a lot which has been achieved. I personally would like to thank the whole team at Legacy for their dedication, professionalism and courage in these circumstances. We have invested in various community activities and we plan to continue to grow our charity through continued charitable donations to continue this very important work.



Winston Weir | Treasurer

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We continue to serve our communities and there is a lot which has been achieved.

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Legacy WM Treasurer's Annual Report

Financial year ending 31st October 2023	2023	2022
	£	£
Arts Council	9,537	28,000
Aston Villa Foundation	-	1,000
BBC Children In Need	-	40,388
Birmingham Community Healthcare NHS Foundation Trust	125,082	65,000
Big Lottery Fund	111,014	86,472
Birmingham City Council	10,790	-
Birmingham City Council (Covid Recovery Programme)	-	68,488
Birmingham Org Committee	-	10,962
Birmingham Voluntary Service Council	22,830	36,300
Birmingham Settlement	9,023	-
Birmingham Museum	600	-
British Council Film Project	7,000	-
Crafts Council	1,310	-
Donations	25,000	19,753
Garfield Weston Foundation	-	30,000
Heart of England	-	4,042
Heritage Lottery Fund (Heritage Officer)	56,468	-
Historic England	10,200	10,500
Housing 21	11,000	11,000
Jewellery Quarter Development Trust	-	900
Lunar Society	3,000	-
Oak Foundation International Ltd	50,000	7,000
Saintbury Trust	-	3,000
Sport Birmingham	20,500	-
Swiss Philanthropy	5,000	-
The Active Wellbeing Society	15,713	10,000
The Clothworkers Foundation	-	15,000
The Mason Foundation	4,000	8000
The Rowlands Trust	-	5,000
Tudor Trust	60,000	20,000
Youth Badminton	2,322	-
Other Income	3,683	-
Unrestricted Funds	-	-
Restricted Funds Income	-	-
Total Income	564,072	480,805

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