

Our shared heritage shapes our legacy



ANNUAL REPORT

2020 - 2021



Community pop-up vaccination clinic.

Chris Smith Chair



2021 has again been a challenging year for Legacy WM due to the ongoing impact of the Covid-19 pandemic, including a third national lockdown. In response, Legacy WM has adapted provisions for the communities of Handsworth and Lozells, in order that those most in need receive support, with provision for individuals' physical health and mental wellbeing.

As in 2020, the staff team have been innovative in adapting to circumstances to deliver the above support. The Board of Trustees would like to commend the staff team for their dedicated efforts in these testing times - the work of Legacy WM will continue to drive forward and impact positively on the communities we serve.

On a more positive note, 2021 has proven to be a year of growth and new opportunities for Legacy WM. Family Fit Two has successfully concluded and we have been successful in gaining funding for Family Fit Forward, key to our sustainability. In addition, Legacy WM's new fundraising team has been successful in accessing new funding streams to enhance and expand our activities.

Legacy WM enters 2022 with much to look forward to and I am confident that through the drive and dedication of my fellow Trustees, the Director, staff team and volunteers, 2022 will see continued growth and the expanding impact of Legacy WM.

Aftab Rahman Director



It is my eleventh year at the helm and I remain awed by the positive impact of our work. The last 12 months has allowed us to build on our strengths and develop new strategic partnerships to broaden our work beyond our own locality.

Our arts trail along the canal route from Birmingham to Sandwell will deliver one of our flagship projects in time for the Commonwealth Games 2022.

This has been another year of growth and consolidation for our organisation. For the first time we have appointed a full-time member of staff to manage fundraising, and this is proving to be a masterstroke as they have managed to bring in additional funding from new sources.

My staff team refers to me as the 'poster boy', as I am rolled out for official events to showcase the great work that they do. I am humbled and grateful to them and our volunteers for their role in making Legacy WM what it is today. The Board of Trustees provides a strategic overview, keeps me on my toes and they are greatly appreciated. I would also like to extend a special thanks to all our users that take part in our activities.

Our delivery would not be possible without all our amazing funders. We are tremendously grateful for your continued support – thank you.

Family Fit 2

2021 saw the continuation of our Family Fit programme, including playschemes for young people during the school summer holidays and October half-term break. These were held at King Edward VI Handsworth School for Girls and Anglesey Primary School.

We delivered art, sport, healthy lifestyle and drama themed activities over several days. Wellstaffed and following all guidelines, these sessions featured a wide variety of ways for young people to get involved and have fun.

We received excellent feedback from children and parents alike. This was especially important following a year of lockdowns and restrictions, helping young people engage in safe and worthwhile activities.

Elsewhere as part of Family Fit 2, we delivered Daily Mile structured walks, online Zumba classes for adults and cycling sessions as part of a range of health and wellbeing activities. This ongoing provision exemplifies our commitment to community health.







These walks have risen in popularity by word of mouth and we are planning excursions further afield during 2022.



Daily Mile & Ladies' Walking Group

In 2021, we spearheaded the introduction of the Daily Mile into several nearby parks, including Georges Park, Lozells, and Mansfield Green Park, Aston, liaising with stakeholders and helping to popularise the scheme across the city. We have an ambitious programme of making more mile marking routes a reality across Birmingham and have approval for a planned route in Aston Park. During 2022, we will be working with several agencies to proliferate routes and invite nearby stakeholders and communities to get involved. Encouraging exercise through ease of access also draws attention to our shared green spaces and wider environmental concerns.

We also conduct a weekday women's walking group along the Georges Park Daily Mile route for socialisation and general health. This scheme has helped participants to relieve stress, socialise with others and improve mental wellbeing. As inviting guests indoors has been problematic, this has provided a great way to interact with friends. These walks have risen in popularity by word of mouth and we are planning excursions further afield during 2022.

Friends of George Park

With the 2021 COP26 climate conference in Glasgow, the importance of our shared green spaces has been at the forefront in our minds and Legacy WM worked with local organisations such as Friends of Georges Park to host events and make such parks a welcoming neighbourhood site for recreation. Last summer we facilitated an open-air cinema screening of The Lion King, which proved popular with local families. Plans are also underway to plant fruit trees in the park.

Caretaker's House

In an ambitious expansion of our delivery capacity, Legacy WM are renovating the former caretaker's house at Anglesey Primary School in Lozells. This hub will play host to existing provisions and serve as a base for sessional workers at the heart of the community. We are currently finalising financing of this project, with much of the funding in place to begin overhauling the site in 2022. Working in collaboration with Aspire & Succeed we will provide a host of synergistic benefits, and bring us closer to our beneficiaries whilst making use of a valuable community asset.





Badminton League

The Legacy WM badminton programme continues to inspire vound people to get active and take part in organised sporting activities. In 2021, we returned to in-person delivery - children's programmes resumed in late March 2021 and have run consistently every week on Thursday and Saturday. We run groups for ages 5 - 12 and 13 - 19, including warm-ups, drills and of course some friendly competition. In 2022, we plan to integrate life skills content into the existing programme, broadening the experience and social impact for young people. We aim to provide a pathway for sports progression by working with local league clubs and associations. Passionate and promising players can be signposted toward established league clubs and organised play, cultivating talent and commitment to the sport. After the shortcomings of the summer 2021 men's exercise in the Park programme, we are committed to providing sporting opportunities over an intensive 8 to 10 week schedule with a new men's badminton club in 2022.



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Windrush Wellbeing & Community Health

In the wake of lockdowns and periods of enforced social isolation, we delivered the inaugural Windrush Wellbeing programme to engage directly with African Caribbean residents of our local neighbourhoods. Over 200 over-60s were invited to attend as part of a 12-week pilot of wellbeing days which were held on Saturdays at the Afro-Caribbean Millennium Centre. We gained valuable experience working with this senior cohort, offering health assessments, hand and head massage, yoga and serving hot food. In 2022, we will invite more attendees to improve their wellbeing.

We also engaged people to address low rates of Covid-19 vaccine uptake in the community, due to hesitance arising from past experiences or misinformation. By having friendly conversations with those dropping in and providing refreshments, we counteracted social stigma around ill health and encouraged our elders to get vaccinated. In 2021, Legacy WM were proud to get involved with Covid-19 vaccination efforts, with staff volunteering at the New Testament Church of God and the Bangladeshi Multi-Purpose Centre pop-up clinic, making people's experience as calm and orderly as possible.



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MySpace

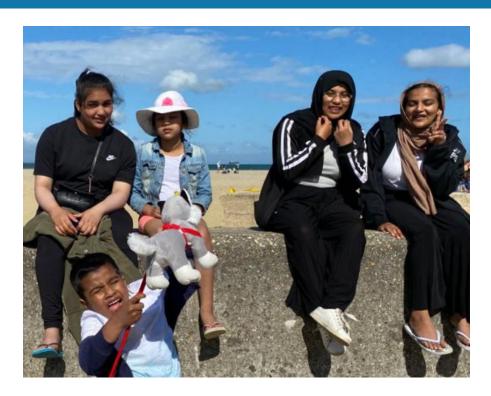
In response to the range of issues affecting young women, Legacy WM Youth Sessional Worker Tiarna has created MySpace, a multimedia provision which began in 2021 with a series of podcasts.

Drawing inspiration from the early social media platform of the same name, MySpace is intended to provide peer support to young women.

Featuring guest contributions, these programmes will tackle relevant topics including body image, social media, domestic abuse and sexual health.

With so much vying for the attention of young people and certain topics often difficult to discuss due to fear of the consequences, we are creating a safe space for friendly support and to begin constructive discourses.

Next year - and with guidelines allowing - we will deliver inperson sessions including roundtable discussions, to give young women a chance to get involved and share.



Family Residential Trip

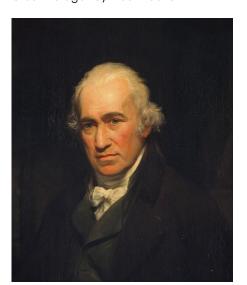
Last summer's family trip was a unique and memorable experience for all involved. The group visited cultural attractions, historic towns along the south coast and scenic coastlines. Highlights included historic Stonehenge, Portsmouth Harbour, Brighton Pier and the Isle of Wight. Many of the women and young people involved had not ventured far from Birmingham and their day-to-day responsibilities, so this trip presented a chance to enjoy the countryside and coastline of Britain. The young people had plenty of opportunities to socialise and make new friends outside of the usual social scenarios. Experiences like these have a sizeable holistic impact, bringing a benefit to feelings of independence whilst combating social marginalisation.

Heritage

Watt's Next?

Following research undertaken as part of the James Watt Bicentenary in 2019, new stories were uncovered regarding the differing attitudes of Lunar Society members towards slavery. This work developed into the Lunar Legacies walking tour around Handsworth.

Feedback from this tour, alongside the important campaigning of the Black Lives Matter movement fed into the development of the Watt's Next study day. This event explored ways forward for the interpretation of Birmingham's complex heritage, and included a keynote speech by Raj Pal, an inspirational talk by Marlene Smith, and a 'next steps' summary by members of local creative agency Beatfreeks.



Birmingham Heritage Week

Legacy WM was pleased to deliver a range of different sessions, both online and face to face, as part of Birmingham Heritage Week and Heritage Open Days during the year. These sessions included one-off opportunities to complete an in-depth Pugin walking tour, including an exploration of St Mary's Convent. There was also a one-off Lunar Landscapes tour investigating the lost landscapes of the Soho Estate. A Zoom session was also delivered exploring the challenges of interpreting Birmingham's history with young people, and a Facebook Live stream featured baking and a discussion of Birmingham's milling heritage.

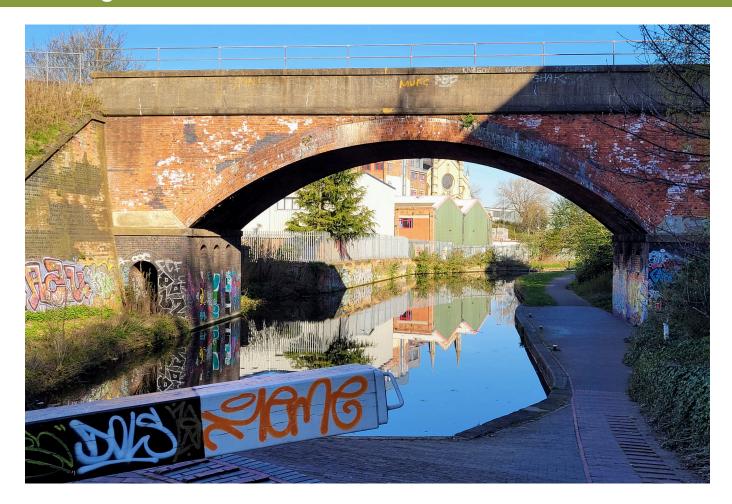


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Heritage



Heritage Volunteer Training

Before the pandemic hit in 2020, Legacy WM had begun another programme of Heritage Volunteer Training for local people. Despite the necessary break in these sessions, we were happy to be able to complete this course during 2021 when lockdown restrictions eased.
Participants had the opportunity to explore some green spaces in Handsworth and to discover the incredible story of 19th C. architect Augustus Pugin's work in the area. As well as completing

this course, Legacy WM were delighted to deliver an intensive heritage volunteer training course for the Jewellery Quarter Cemeteries Project, as they developed their Colonial Connections walking tour in nearby Hockley.



Art In The Park

Due to the pandemic we had to postpone many of our proposed art workshops. However, when restrictions eased in the summer of 2021, Legacy WM began a series of free art workshops within Handsworth Park for local people. These were mainly attended by families with children. The workshop series included working with mixed media such as pastels and paint. The sessions were very well received, with many requests for further workshops during the summer holidays.



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Celebrating South Asian heritage through cuisine, participants prepared vibrant dishes whilst substituting certain ingredients to improve their nutritional profile.

Capture The Flavour

With support from Birmingham City Council, our team delivered a culturally specific blended project, combining health-aware cookery and photography. Celebrating South Asian heritage through cuisine, participants prepared vibrant dishes whilst substituting certain ingredients to improve their nutritional profile. The group explored how Himalavan rock salt can replace table salt, balancing fatty acids by cooking certain dishes with ghee as opposed to industrially-refined oils, and how traditional vegetables can make a comeback to improve our diets.

Across six sessions, attendees also took part in food photography masterclasses from frequent Legacy WM collaborator, Osman Rakib. With digital cameras inside every smartphone, sharing our culinary creations with friends and family has never been easier, but with closeups, composition and lighting to consider, the techniques that a professional photographer can use helps to highlight the best of our cooking.



Nowka Bais

This was an extra special year for Nowka Bais which, like many events, had been cancelled the previous year. The timing and the weather could not have been better as we eased out of lockdown and it drew record crowds. Nowka Bais has become a mainstay in Birmingham's cultural calendar, drawing boat racing teams and audiences from across the UK. The stalls serving traditional Bangladeshi food and the performances from local and national artists provided great entertainment. This traditional boat race adds colour and competition and this year first time competitors Sonali Othith UK won the race. Plans are underway to host a Commonwealth themed Nowka Bais for 2022.



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Outdoor Photography Exhibition - May to August

The exhibition showcased photographs taken over the last five decades in Birmingham's Centenary Square. This was delivered with support from Birmingham Museums Trust and Birmingham Repertory Theatre.

The Freedom 50 exhibition presents over 40 evocative images of war, protest, self-determination and emigration.

It includes images taken during the 1971 war in Bangladesh, and the protests that followed in the UK. Iconic works from the legendary Bangladeshi photographer Naib Uddin Ahmed were featured, as well as striking images taken by other professional and emerging photographers. Visitors to this free exhibition were able to

learn about Bangladesh's recent history and the settlement of Bangladeshi people in the UK via accompanying information panels. The event launch was featured by BBC Midlands Today. Part of the exhibition was featured at Birmingham Weekender and the photographs were also displayed at the Hippodrome.

Cultural Expo

The Cultural Expo was held at the Hippodrome in November in partnership with local organisations Aspire & Succeed, Saathi House, Nowka Bais, Kolokar and Pathshala. This was an all-day event offering stalls, live musicians, arts & crafts and a film screening. The evening's entertainment was delivered in partnership with Birmingham Contemporary Music Group (BCMG), Zero Culture and the Hippodrome.

It featured performances from BCMG, Amina Khayyam Dance Co. and headliners Khiyo, featuring vocalist Sohini Alam. This was a fantastic evening of dance and musical performances and the final three songs were collaborations between Khiyo and BCMG, concluding with a beautiful rendition of the Bangladeshi national anthem.



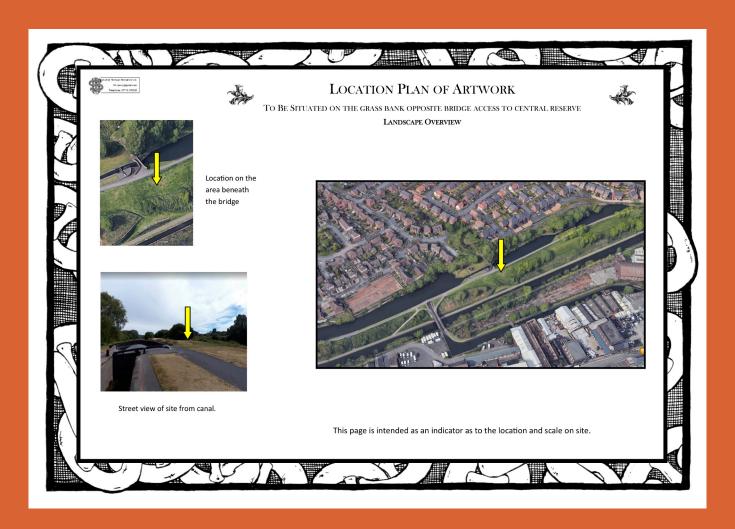


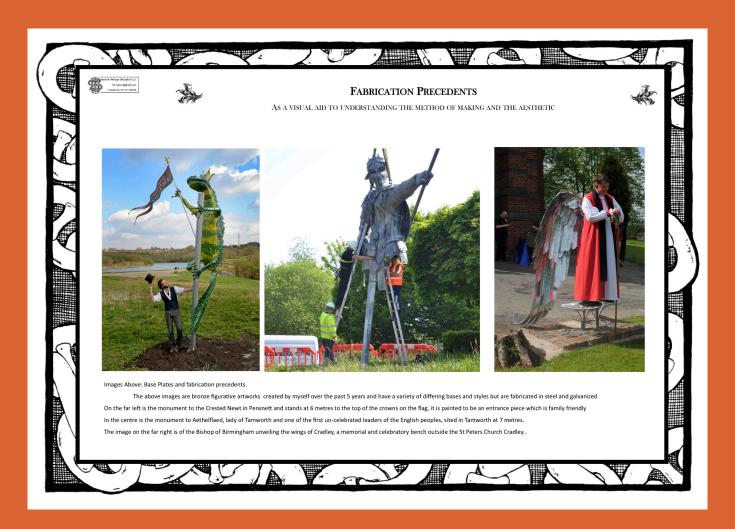


Roundhouse to Chance Glassworks Arts trail

We are so excited to have got our arts and heritage trail off the ground. We are working with artists Luke Perry, Claire Cotterill and two emerging artists Caanan Brown and Reigan Demarae to place four installations along the canal from the Roundhouse in Birmingham to Chance Glassworks, an iconic industrial heritage site in Smethwick.

Consultation work has started with a women's community group meeting at the Community Connect Foundation in Smethwick. The four installations will celebrate the industrial and Commonwealth heritage of the area and will be situated on or near to the canal route. Interpretation boards will enable context, heritage and understanding. Trails will take place on foot, bicycles, canoes, Bangladeshi dragon boats, and narrowboats.





Housing



1. Proposed view from Chain Walk looking south

Housing 21

As part of our commitment to engaging with a range of needs within the community, this year we were invited to take part in the Housing 21 strategic delivery partnership. Providing quality accommodation for older people in a competitive housing market requires balancing priorities, whilst remaining realistic about what can be delivered. Accordingly, we have facilitated community consultation with the elderly in our community on

housing priorities and independent living preferences. Legacy WM led a field trip to a Housing 21 development in Stratford-upon-Avon for local community elders, intended to counteract hesitancy about changes in their living arrangements and help visualise layouts. We addressed layout, cooking facilities and provided

feedback to architects, to be integrated into future designs. Our role as community intermediary and facilitator can help realise meaningful change in partnership with providers.

Housing 21 have identified three local sites for development: - Chain Walk, Washwood Heath Road and Smith Street and will break ground in Spring 2022.

Housing



Freedom 50

Legacy WM have been instrumental in developing Freedom 50 (freedom50.co.uk), a national initiative of organisations and individuals that have come together to celebrate half a century of Bangladesh's independence. Through Freedom 50, key events that led to the independence in 1971 have been recognized, together with the role that British Bangladeshis have played in the UK. A series of events that include 50 blogs called 'Kee Khobor', a national charity bike ride, a photo exhibition and a Cultural Expo. A gala dinner is planned for 27th March 2022, to be held at Aston Villa to conclude the celebrations. We are also planning a national tree planting scheme in cities that have a sizeable Bangladeshi diaspora population.







"The funds will be used to build a school in Bangladesh and support street children in Dhaka"



Freedom 50



Freedom 50 National Cycling Tour

The national charity bike ride was delivered in partnership with Aspire & Succeed and has raised over £40,000, we have set a target to reach £100,000. The funds will be used to build a school in Bangladesh and support street children in Dhaka through our charity partner, Human Appeal (humanappeal.org.uk).

Beginning in Oldham in June, the five-day ride passed through Stoke-on-Trent, Birmingham, Coventry, Northampton and Luton, before arriving in London.

Each city hosted a reception and a fundraising event for the team. We welcomed 50 cyclists, some of whom completed the whole ride whilst others joined part of the journey.

We also used the cycle ride to raise awareness of the climate challenges that Bangladesh faces with rising temperatures, sea levels and the devastating impact this will have on the people and economy of Bangladesh.





Legacy WM Team



Apsana Khatun Health & Wellbeing Facilitator Admin & Monitoring Officer



Dawn Carr Health & Wellbeing Manager



Shamsun Choudhury
Part time Women's
Development Officer



Karmi Bains Art & Heritage Officer



Charles McLeod

Development Officer



Marcia Dunkley
Sessional Worker



Lutfa Begum Sessional Worker



Harun Raza
Health & Well Being
Facilitator



Tiarna Wheeler Youth Sessional Worker



Kairul Islam Sessional Worker

Social Impact



315 INDIVIDUALS

supported in covid vaccine and awareness programmes



80 WOMEN

involved in healthy lifestyle activities



200 MEN

involved in cycling and football



240 HOT MEALS

provided for elders in need



12,250 ATTENDEES

at cultural events.



131 CHILDREN

engaged in sports and play scheme



95 FAMILIES

engaged through Family Fit BeHealthy programme



VOLUNTEERS

facilitated



40 ELDERS

consulted on co-housing projects across 3 sites

Plans For The Future

We remain ambitious in our desire to serve our communities. We have set ourselves a fundraising target of £500,000 this year and within the next three years we wish to reach £1,000,000. This will ensure that we are able to serve more people and have a greater impact. Accordingly, Clover HR has been appointed to support our projected growth in the staff team.

In early 2021, we received a Weston Charity Award in recognition of our excellence in service delivery and. as winners, we have participated in the Pilotlight programme, providing scrutiny and strategic support for the next phase of our development. Successful applications to Garfield Weston Foundation and Tudor Trust have also further diversified our funding streams. We are working with a host of businesses to explore how we can offer them an opportunity to support us as part of their Environmental, Social and Corporate Governance (ESG) profiles.

We have continued to deliver on our strategic aims. This year, we have delivered more on our arts agenda and built partnerships with mainstream arts organisations.

This strengthens our position for an application to become a National Portfolio Organisation (NPO) with Arts Council England. Our work on heritage is being developed with a

new proposal called 'Every Journey Matters', collecting stories and developing a curriculum that focuses on the contributions of local people. We have been awarded funding to develop a citywide heritage trail network to coincide with the Commonwealth Games 2022. We wish to build on the work that we are doing with young people on sports and personal development throughout 2022.

Whilst we have had a very successful year, we were disappointed to have narrowly missed out on the acquisition of nine Georgian houses, as the vender decided to sell very quickly to private developers due to his poor health. However, we have not given up our plans to develop quality housing for our communities, supporting Housing 21 with their community engagement for their co-housing developments. This is giving us invaluable expertise in the sector. We are in early discussions with the Church of England to explore how we can work with them to develop one of their sites for a wider community use.

Serving the community is our raison d'être and we believe

we can do this better in partnership. We have Memorandums of Understanding with several local organisations and have been developing new partnerships across the city and beyond. Our aim is to become an 'anchor' organisation, so that we can provide capacity building support to our partners, who in turn will have a greater impact in the community.





Gardening workshop.

Gary Bowman Interim Treasurer



I inherited the role of Treasurer from Carol Lyndon, who had served in the role for 10 years, during which Legacy WM has grown into a robust and trusted organisation, with well-kept financial records and accounts. Thank you, Carol! Thanks also to Apsana Khatun who, as her task has become increasingly complex, has provided excellent support.

My role has been 'interim', and I have relied heavily on both Carol and Apsana along with Aftab, working together as a finance subgroup. The group was joined this year by our new trustee, Winston Weir, who is already making a strong contribution. Each time we meet we are provided with clear and transparent records and projections - Apsana has produced documentation to help our understanding and decision making.

Our accounts show an income of £302,829 this year, with further success pending. Costs have been well-managed and we end the year with a healthy bank balance. Accordingly, we received instruction from the Board of Trustees to begin investing a proportion of Legacy WM reserves in an investment fund.

Despite the challenges of providing services during a pandemic, Legacy WM has secured funding from numerous sources to boost our work and innovation in supporting the communities we serve. The fundraising efforts of consultant Karen Daw and newly appointed Development Officer, Charles McLeod, are already successful and have the potential to achieve much more.

I congratulate the whole staff team for their determination, diligence, and adaptability. While some charitable organisations have stuttered, Legacy WM has positively thrived.

Legacy WM Treasurer's Annual Report

Financial year ending 31st October 2021	2021 £	2020 £
Aston Villa Foundation	999	1,000
Award For All	-	10,000
BBC Children In Need	9,888	12,661
Big Lottery Fund	164,618	115,238
British Council - Grandmas Tales (European Fund)	_	45,532
Culture Central	_	3,439
Heritage Lottery Fund (Herritage Officer)	12,210	5,750
Historic England	_	9,316
ISE	_	3,000
Nostos Etaireia (Simra)	_	16,247
TWF Grant	_	300
Badminton England	_	972
Birmingham City Council	_	35,815
Heart of England	_	6,000
Living Well UK	440	6,460
Power to Change - Housing and Covid Recovery	_	63,755
The Active Wellbeing Society	_	1,350
Use IT Project	_	3,000
West Midlands Police - Research	_	1,000
Sandwell and West Birmingham Health	6,000	_
Arts Council England	35,000	_
Birmingham City University	438	_
Birmingham Voluntary Service Council	1,500	_
ESC Lottery Fund	5,379	_
Garfield Weston Foundation	6,500	_
Housing 21	11,675	_
PCC for West Midlands	16,000	_
West Midlands Police (Football League)	600	_
Birmingham City Council (Covid Recovery Programme)	6,435	_
Birmingham City Council (Arts)	14,599	_
Birmingham City Council (Health & Wellbeing)	4,924	-
Unrestricted Funds	5,624	-
Restricted Funds Income	297,205	334,835

Total Income 302,829

Legacy WM Funders

- The Active Wellbeing Society
- Arts Council England
- Badminton England
- BBC Children in Need
- Birmingham City Council
- Garfield Weston Foundation
- Handsworth Trust
- Heart of England Foundation

- Housing 21
- Living Well Consortium
- The Mason Foundation
- National Heritage Lottery Fund
- National Lottery Community Fund / Awards for All
- NHS vis BVSC
- Pilotlight

- Sandwell and West Birmingham NHS Trust Charity
- Sports England
- The Tudor Trust
- West Midlands Police
- West Midlands Police Violence Reduction Unit





Saturday Kids Badminton session.





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