



Our shared heritage shapes our legacy



# ANNUAL REPORT

2015 - 2016



## Dr Gethin Davies OBE

Chair

It has been a privilege to be at the helm of Legacy WM from its inception. We started in 2010 with a clear remit to record the histories of people that are less well documented. Our first project was, 'Bangla Food Journeys' in which we recorded the stories of first and second generation Bangladeshi's to Birmingham through food and recipes.

This was followed by our 'Heritage Trail for Lozells & East Handsworth' which seeks to highlight the rich heritage of Handsworth and Lozells. To date we have had over 1,500 visitors. Our third project was the 'Old Wives Tales' which captures the stories of the migration of Bangladeshi women to Birmingham. This was a ground breaking project for us as it enabled us to hold an exhibition at Birmingham Museum & Art Gallery, launch a book at the Houses of Parliament and to have a documentary screened as a part of the 'Collecting Birmingham' exhibition at Soho House.

Our Board of Trustees has, in the last year, expanded and reorganised in order to be able to oversee spectacular progress against our original aims. We have also commissioned a full Business Plan which will be our road- map for what promises to be an exciting few years ahead.



## Aftab Rahman

Director

The last year has been the most exciting at Legacy WM as we have built on our heritage credentials and expanded our work to include health and well-being of families, in particular women & children, young people and the arts. We have been successful in obtaining funding to deliver against those objectives.

In the course of our work, we realised that the health of the first generation migrants was better than that of their children so with that in mind we developed the 'Family Fit' programme to improve the health and wellbeing of local families. 'Family Fit' is funded by Lottery's 'Reaching Communities' and for the first time we have received three years funding and have expanded our staff team. This has helped us to work at a more strategic level and plan for the future. We moved to Soho House in February 2016 to continue to build our expertise in delivering heritage work and to work in partnership with Birmingham Museum Trust.

The journey has not always been smooth, however, we have persevered and managed to grow against the odds and in a period of austerity. We have attracted funding from a wide range of sources and plan to build on our success. We have a committed staff team to deliver the best outcomes for our communities. We have broadened our areas of work and applied for European funding which, if successful, will enable us to have an international impact, in addition to increasing our West Midlands presence.

The success of Legacy WM can be attributed to its committed board, passionate staff team and volunteers. I would like to thank them all as well as all our funders, partners and supporters; our gratitude to them all.

# Heritage

## Heritage Trail

Heritage has been a key element of our work and since the launch of our trail in 2014 we have taken over 1,500 visitors around the streets and sites of Handsworth. The trail highlights some of our hidden gems which include Colin Simm's nine Georgian houses and secret gardens. Colin was recently shortlisted for an 'Angel Award' from Historic England for his work in restoring the houses to their former glory. The trails are led by Carol Lyndon and Chris Smith and they continue to attract people from across the city and beyond. It has featured as part of Birmingham Heritage Week for the second year running.



## Old Wives' Tales

Through our relationship with Birmingham's communities and with HLF funding, we have been able to capture the stories of Bangladeshi women. 'Old Wives' Tales' tells the stories of first Bangladeshi women that came to Birmingham. Most of the women came from the Sylhet region of Bangladesh. These stories and photographs are very personal and moving, they have never been shared before. They give a unique insight into the lives and experiences of young Bangladeshi women who came to Birmingham between the 1960's and 1980's.

The project included a documentary, exhibition and book. The exhibition was held at the Birmingham Museum and Art Gallery from November 2015 to February 2016. The book was launched at the Houses of Commons by Baroness Young on the 23rd February 2016. She was joined by Rushanara Ali MP, Gisela Stuart MP and Richard Fuller MP.



# Well-being

## Family Fit

Money from the Lottery's 'Reaching Communities Fund' has enabled us to develop a three year programme called 'Family Fit' which is focused on improving the health and well-being of local communities. On Saturday 5th October 2015, we hosted a family event for the local community at Soho House Museum where we invited local residents to take part in sports taster sessions including: badminton, archery and Tai Chi. This was an opportunity to talk to local people about 'Family Fit' and invite them to register. We undertook health checks and also invited participants to give us feedback on the type of activities they would like to get involved in.



## Welford School Partnership and Lozells Recreation Group

In our first year of 'Family Fit', we have been working in partnership with Welford Primary School and Lozells Recreation Group to engage parents in our 12 week 'Family Fit' programme. This includes; health checks, a programme of physical activity and attending a series of workshops. Many of those taking part in the programme have never taken part in sports or physical activity.



## Launch of the 'Welford Mile'

We worked with Welford Primary School to implement a 'daily mile' for school children to take part in. Initially the daily mile was piloted and eventually rolled out across the school with over 300 children running or walking a mile every day. Consequently the school has reported improved fitness and concentration levels amongst their pupils. On the 19th July, we invited the Lord Mayor of Birmingham to officially launch the 'Welford Mile'. The launch was also supported by the Wasp's Rugby Team. We believe Welford Primary is the first school in Birmingham to take part in a daily mile. We now plan to extend this activity in other schools.



## International Women's Day

With funding from 'This Girl Can', we organised an event on 22nd March at Lozells Recreation Group in celebration of 'International Women's Day'. Over 30 women attended the event, which included zumba, yoga, a workshop on violence against women, poetry and food. We were able to create a safe and inspiring space for local women to come together.



## Rugby Tournament with the WASP's

We worked in partnership with Wasps Rugby Team to deliver a rugby tournament and family fun day. The aim of the event was to engage with more young black males. We received sponsorship from Birmingham Sport Partnership for rugby shirts. Two teams competed on the day as well as other family members using the facility for table tennis and basketball. The event ended with a presentation ceremony with Q & A session with the Wasps which was very inspiring.

## Well-being (Black History Month)

Working in partnership with BEX live during Black History Month, we delivered a Health & Wellness event on Saturday 1st October at Soho House Museum. The aim of the event was to raise awareness about the health risks for Black communities. Information was provided on; diabetes, stroke, sickle cell, lupus, fibroids, and prostate cancer, etc.

At the event, we also organised a public viewing of Old Wives Tales and consulted on a new walk for Handsworth called the 'Handsworth Harambee Walk'.



## Nowka Bias

This is the second year that we have supported Community Connect Foundation (CCF) with hosting the Nowka Bais in Birmingham. We built on the success of the previous year by offering rowing taster sessions for local people. The practice by the local teams paid off as this year's winners were from Birmingham. On the day several thousand people attended the event. There was a mela atmosphere with food stalls, a funfair, live stage performances and 18 national teams competing against each other. The event has become part of Birmingham's cultural offer and we are exploring how we can link the live stage performances with the South Asian Year of Artists. The day was concluded with a gala dinner hosted by Nadia Ali from BBC Asian Network. We plan to grow the Nowka Bais with more offers of fitness training leading up to the event to improve people's health and well-being. We are exploring how this can be done as part of Sports England's new funding strategy.



## 30 + Five a side league

The league is now in its third year and continues to offer older men an opportunity to play competitive football on a Sunday morning at Goals Perry Barr. At present there are eight teams and this attracts up to 70 people. The league also offers professional coaching for children whilst their dad's play – this is a unique feature. The regular football has had a positive impact on the men's health. It has strengthened friendships and created new social networks that has improved their well-being. A model has been developed by the league so that it continues beyond the life of the funding. It is now being led by a new Chairman and he is supported by a committee to ensure its sustainability.



# Arts

## ‘Our Mums’ Art Exhibition

During the summer of 2015, we held our inaugural art exhibition at Soho House Museum. The exhibition entitled ‘Our Mums’ was the final showcase of an eight weeks arts project that included; photography, visual and spoken words. ‘Our Mums’ was funded by Birmingham City Council. We engaged a group of 8 to 15 year olds in three different types of creative medium and the result was for all to see at the exhibition. The young participants produced an eclectic mix of canvases, photographs and writing and performed their own spoken words. The event attracted the family and friends of the participants and also those with an interest in art. This project fulfilled one of Legacy’s strategic objectives of using art to engage communities.



## Migrant Music Festival

Migrant Music Festival was a spectacular showcase of migrant talent and the first of its kind in the city. Held at Soho House Museum on 24th September 2016, the festival provided a local platform for existing and emerging talent from the migrant communities that had settled in and around the Handsworth and Lozells area of Birmingham. Funded by the Arts Council, the project enabled us to offer local people the opportunity to receive free coaching from the Apache Indian Music Academy and then perform alongside more established performers including: Apache Indian, Basil Gabiddon and Band, Azhar Hussain Qawali Group, Didier and the Redeemed and many more. With a diverse platform of musicians playing different genres of music, the festival helped to promote community cohesion and propel Legacy WM’s reputation across the city. The free family festival attracted over 465 people from different backgrounds and ages and proved to be a resounding success.



# Community Engagement

## Women's Narrow Boat Trip

Partnering with the 'Canal & River Trust' we were able to take a group of women to experience a narrow boat ride. The women were taken around Birmingham's canal and given a history of the development and importance of canals particularly during the industrial revolution. As well as having an opportunity to steer a canal boat, the women learnt about volunteering opportunities to ensure that the canalways are maintained.

## Phita Mela & Family Fun Day

Legacy WM supported a group of volunteers to host a phita mela and family fun day. The word phita in Bengali means a variety of snacks which can be either sweet or savoury. On the day, an array of stalls provided a wide selection of handmade sweet and savoury phitas. In addition to food and music, there were stalls selling clothes and jewellery, a bouncy castle, story telling and Mendhi hand painting.

## Eid Mela

In a celebration of Eid, Legacy WM and Soho House Museum organised an Eid Mela at Soho House. The day included; live music, stalls, bouncy castle and food. The day finished off with a local bhangra group performing, and the local community joining in with the dancing!



## Launch of Inter-faith Peace Garden

During the summer and a bit beyond, a group of volunteers including children came together to help create an Interfaith Peace Garden at Soho House Museum. Managed by Legacy WM and funded by 'Near Neighbours', the Interfaith Peace Garden was an opportunity for members of the local community to come together and create new friendships and networks across different faiths. The space for the garden was donated by Soho House Museum. The volunteers worked together to create a garden which could be used by the whole community.

On 22nd October 2016, over 75 people came to the official opening of the Interfaith Peace Garden. The ribbon was cut by the children who had taken part in the project. In addition, a number of faith leaders including the Bishop of Birmingham and the Bhai Saib from Guru Nanak Gurdwara attended. Musicians from the Gurdwara performed a kirtan (singing of scriptures) and the event was closed by 'Birmingham Comedian's Choir' with their renditions of popular songs including 'Pink Panther' and 'Wonderful World'.



## Brighthouse - Staff Residential

During the summer Legacy staff with their families went on a residential team building/planning session at the Brighthouse, near Atherstone. It is a residential hostel which was originally designed in the 1960's for inner city Birmingham primary school children to experience the countryside. We took the children out on the first day through the fields and into a local farm where they were very excited to see horses. The farm had a lake as well as fruit trees. It also has the ruins of Merevale Abbey where Henry VII stayed before the Battle of Bosworth. We went for a night walk in the woods. The final day we visited the local village of Atherstone.



## Legacy Team



**Musurut Dar**

Programmes and Projects Manager



**Dawn Carr**

Health Educator



**Apsana Khanum**

Community Development Officer

## Sessional & Volunteer



**Shamsun Choudhury**

Women's Development Officer



**Mashkura Begum**

Project Officer



**Harun Raza**

Sports Development Officer



**Shamim Akhtar**

Community Champion

## Future Plans

In 2017 we are planning to build on the success of previous years and continue our growth. We have developed a business plan to support us in meeting our objectives. We will be employing our first dedicated heritage officer to lead on this strand. We are waiting to hear the outcome of two European funding bids and if successful, we will be able to develop our work across Europe. We are also working with several partners to develop funding bids together so that our impact will be greater. We are particularly excited about Sports England's new strategy and we feel that we are in a position to make a positive contribution. We are developing partnerships with arts organisations to extend the range of arts that we offer.

Moving forward we would like to diversify our income sources and explore ways in which we can generate income from the services that we offer. This will make us more resilient as an organisation going forward.

## Carol Lyndon

Treasurer

Over the last three years we have grown considerably and our income has reflected this. We have established a finance development group and reviewed our monitoring processes. We have put in place new systems to ensure that we are 'fit for purpose' going forward. The finance development group meets on a monthly basis to ensure that all spending has been reconciled and budgets allocated accordingly. We have been diligent and for the first time, we have developed a small reserves.

### We aim to

increase this to a quarters operating costs in the coming years. We remain heavily dependent on grants and we are exploring options as to how we can diversify our income source. We are looking forward to another successful year ahead and we are well placed to manage the growth.



## Legacy WM

### Schedule to the Statement of Financial Activities for the year ended 31 October 2016

#### Status of this schedule to the Statement of Financial Activities

The schedules on the following pages are required by the disclosure requirements of the Statement of Recommended Practice for Accounting and Reporting issued by the Charity Commissioners for England & Wales, effective April 2005 and revised in June 2008.

As such, they form a part of the accounts required by the Charities (Accounts and Reports) Regulations 2008.

	Unrestricted Funds	Restricted Funds	Total Funds	Prior Period Total Funds
	2016	2016	2016	2015
	£	£	£	£
<b>Incoming resources from charitable activities</b>				
Arts Council	-	13,457	<b>13,457</b>	-
Awards for All – Women Can	-	10,000	<b>10,000</b>	10,000
Birmingham City Council – Our Mums	-	1,000	<b>1,000</b>	9,000
Community Champion	-	1,000	<b>1,000</b>	-
Contribution	-	165	<b>165</b>	790
Donation	-	4,477	<b>4,477</b>	170
Edward Cadbury Trust – Arts Project	-	-	-	5,000
Sports England - Women's sport	-	-	-	10,000
Football League – Team donations	-	2,110	<b>2,110</b>	2,643
Heart of England	-	4,966	<b>4,966</b>	-
Heritage Lottery Fund – Old Wives' Tales	-	-	-	17,040
Historic England	-	12,132	<b>12,132</b>	-
Lottery Fund – Family Fit	-	102,869	<b>102,869</b>	65,862
Service Birmingham Ltd	-	9,800	<b>9,800</b>	-
The Church Urban Fund – Sports Tasters	-	4,997	<b>4,997</b>	4,750
Trident Reach – Sports England – Football league	-	20,289	<b>20,289</b>	7,544
Trust House Charitable Trust	-	5,500	<b>5,500</b>	-
William A Cadbury Trust	-	500	<b>500</b>	-
<b>Total Incoming resources from charitable activities</b>	<b>-</b>	<b>193,262</b>	<b>193,262</b>	<b>132,799</b>
<b>Charitable expenditure</b>				
<i>Direct support costs</i>				
Gross wages and salaries - charitable activities	-	64,746	64,746	10,308
Employers' NI - Charitable activities	-	641	641	-
Pension contributions charitable employees	-	1,965	1,965	-
Volunteers' Costs	-	445	445	268
Sessional workers	-	18,500	18,500	-
Project Delivery Costs	-	65,041	65,041	11,403
Travel and Subsistence - Charitable Activities	-	1,066	1,066	638
	<b>-</b>	<b>152,404</b>	<b>152,404</b>	<b>22,617</b>
<i>Indirect employee costs</i>				
Training and welfare	-	1,875	1,875	-
	<b>-</b>	<b>1,875</b>	<b>1,875</b>	<b>-</b>



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